



# Community Face Mask Instructions

## FOR SAFETY, PLEASE...

- Avoid making masks if you are sick or think you might be getting sick.
- Avoid making masks if you have been told you have a multi-drug resistant organism like MRSA or C. diff., or if you have any open or draining wounds.
- Keep all face mask materials away from household pets.
- Be sure the area in which you are working is clean (sanitize all surfaces with a disinfectant) before making masks.
- And, be sure to perform hand hygiene before touching mask materials.
- If you are sharing the community masks you are making with others, masks should be washed before wear.

# Simple Face Mask with Elastic

## MATERIALS NEEDED:

- Tight-weave cotton fabric (i.e. quilting cotton) cut into two (2) 9x6" rectangles
- Elastic beading cord or 1/4" flat elastic, cut into two 7" pieces.
  - 1/8" flat elastic can be used if 1/4" is unavailable.
- Sewing Machine
- Ruler or measuring tape
- Scissors
- Thread
- Pins, used with extreme care

## NOTES:

**Wash your hands properly before making a face mask.** Please follow full hand hygiene protocols.

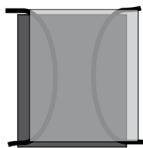
Fabric should be clean and never used. Wash and dry fabric without fragrance or dyes prior to sewing. Hot water will help shrink the fabric, which is desirable.

One yard of 44" wide fabric yields 12-15 masks. 7.5 yards of elastic makes 25 masks (14 inches per mask).

**Use extreme care with pins – only catching the very outer edges and never piercing the mask area.**

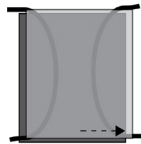
For donations, please make adult size masks (9x6" fabric pieces). For family and friends, you can make child sized masks (7.5x5" fabric pieces).

## DIRECTIONS:



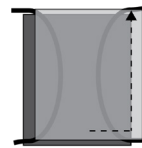
1. Put right sides of cotton fabric together (with fabric design placed horizontally).

2. Sandwich two 7" pieces of elastic between the two pieces of fabric, with the ends sticking out slightly on each side.

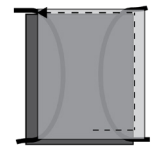


3. Starting at the center of the bottom edge, sew to the first corner, stop.

4. Sew the elastic with the ends out into the corner. A few stitches forward and back will hold this.



5. Sew to the next corner, stop, make sure the other end of the same elastic is in place, and sew a few stitches forward and back to secure.

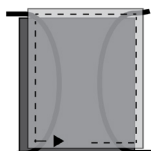


6. Now sew across that top of the mask to the next corner. Make sure this piece of elastic is in place with the end out.

7. Secure in place with a few stitches back and forth.

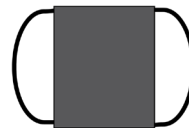


8. Sew to the next corner and secure the other end of the same elastic.

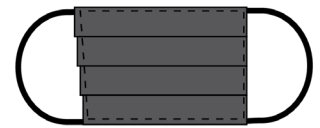


9. Sew across the bottom leaving about 1.5" to 2" open.

10. Stop, cut the thread.



11. Turn inside out.



12. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction, folded downward.

13. Sew around the edge of the mask to secure the pleats and close the opening.

# Simple Face Mask with Ties

## MATERIALS NEEDED:

- Tight-weave cotton fabric (i.e. quilting cotton) cut into two (2) 9x6" rectangles
- Bias tape (1/2" or 7/8 inch), four (4) 16" pieces
  - Or make ties from 2x16" strips of fabric
- Sewing Machine
- Ruler or measuring tape
- Scissors
- Thread
- Pins, used with extreme care

## NOTES:

**Wash your hands properly before making a face mask.** Please follow full hand hygiene protocols.

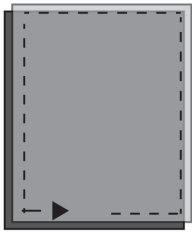
Fabric should be clean and never used. Wash and dry fabric without fragrance or dyes prior to sewing. Hot water will help shrink the fabric, which is desirable.

One yard of 44" wide fabric yields 12-15 masks. 21 and 1/3 yards of bias tape makes 12 masks (16 inches per mask).

**Use extreme care with pins – only catching the very outer edges and never piercing the mask area.**

For donations, please make adult size masks (9x6" fabric pieces). For family and friends, you can make child sized masks (7.5x5" fabric pieces).

## DIRECTIONS:

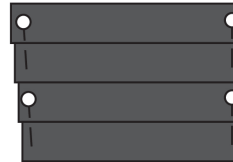


1. Place right sides of cotton fabric together (place fabric design horizontally.)

2. Starting at the center of the bottom edge, sew around the edges of the fabric leaving about 1.5" to 2" open.



3. Stop, cut the thread. Turn inside out.



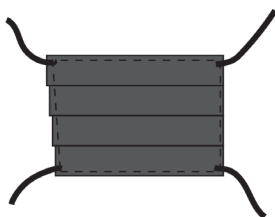
4. With extreme caution (do not pierce the mask area), pin or clamp three (3) 1/2" tucks on each side of the mask. Make sure the tucks are the same direction, folded downward.



5. Stitch the bias tape strips closed.

### Make ties using fabric:

1. Fold 2" x 16" strips of fabric in half.
2. Turn under 1/4" on each long side, iron in place.
3. Stitch long edges closed.



6. Pin one (1) piece of bias tape at each corner.

7. Sew around the edge of the mask, catching and backstitching to secure the bias tape as you go.